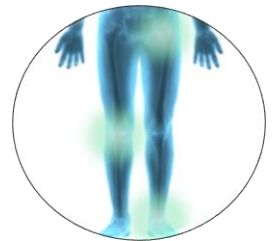
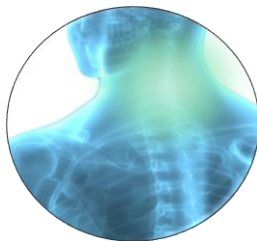
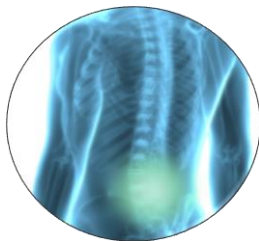




# Musculoskeletal Conditions Self Management App

- Physiotherapy and Podiatry help to manage your injury / pain
- Advice for specific conditions
- Exercise videos
- Useful local information
- Patient advice – exercise leaflets



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